

ROLLER BAR

RBR-01 (P)

OD. 110 mm. +/- 3 MM.
L. 290 mm. +/- 3 MM.



RBR-04 (N)-A

OD. 125 mm. +/- 3 mm.
L. 320 mm. +/- 5 mm.



RBR-02 (P)

OD. 55 mm. +/- 3 mm.
L. 320 mm. +/- 5 mm.

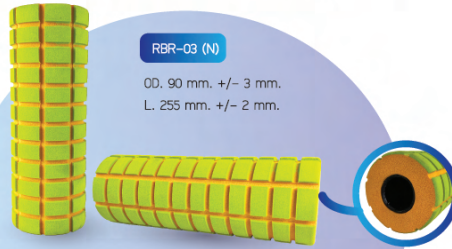


MASSAGE ROLLER

- THIS MASSAGE ROLLER IS DESIGNED FOR SELF-MASSAGE AFTER SPORTS.
- MASSAGE THE MUSCLES WITH YOUR BODY WEIGHT. IF YOU WANT TO RELAX AFTER A WORKOUT WHETHER IT'S CALVES, THIGHS OR BACK.

RBR-03 (N)

OD. 90 mm. +/- 3 mm.
L. 255 mm. +/- 2 mm.

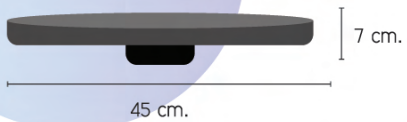


RBR-04 (P)

OD. 6.5 cm. +/- 2 mm.
L. 49 cm. +/- 5 mm.



BALANCE BORD NEW

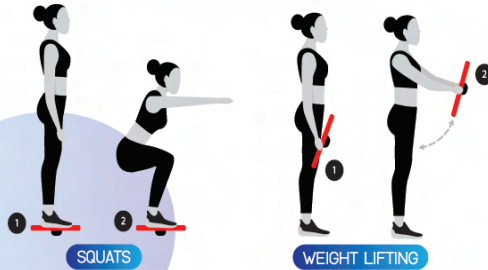


BLD-01 (F)-A

W. 35.5 CM. +/- 2 MM.
L. 45.5 CM. +/- 3 MM.
H. 7 cm.

* SUPPORT WEIGHT : 90 KG.

3 BASIC EXERCISES



SQUATS

WEIGHT LIFTING

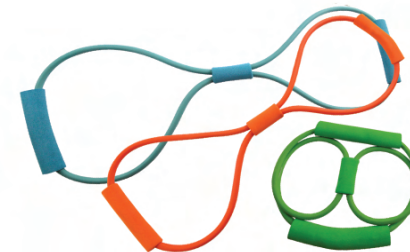


SPIDER CRAWL



" THE ULTIMATE OF HOME EXERCISE "

BUILD YOUR OWN GYM ANYWHERE...ANYTIME!



8-SHAPED EXTENSOR



DUMBBELL



PUSH UP BAR



YOGA MAT



MANUFACTURE IN THAILAND

TEL: (662) 415-1519, (662) 415-6512, (662) 892-0411

WEBSITE: WWW.MNPWORLD.COM

E-MAIL: MARKETING@MNPWORLD.COM



HULA HOOP

ENHANCE ALL MOVEMENT SKILLS.
WITH HIGH DENSITY, DURABLE ON SOFT FOAM.



CHL-19 (P)

HOOP INNER DIA. 57 +/- 1 CM.

CHL-21 (P)

HOOP INNER DIA. 62 +/- 1 CM.

CHL-23 (P)

HOOP INNER DIA. 69 +/- 1 CM.

CHL-25 (P)

HOOP INNER DIA. 75 +/- 1 CM.

CHL-27 (P)

HOOP INNER DIA. 81 +/- 1 CM.

CHL-29 (P)

HOOP INNER DIA. 87 +/- 1 CM.

PATTERN ON HULA HOOP

STAR



HEART



ALTERNATE



ASSEMBLY HULA HOOP

AHL-24 (B)

HOOP INNER DIA. 71 +/- 1 CM.



HULA HOOP WITH INNER WEIGHT



CHL-29/34SP-YO0A (P)

HULA HOOP WITH WEIGHT INNER DIA. 88 +/- 2 CM.

TWIST DISK

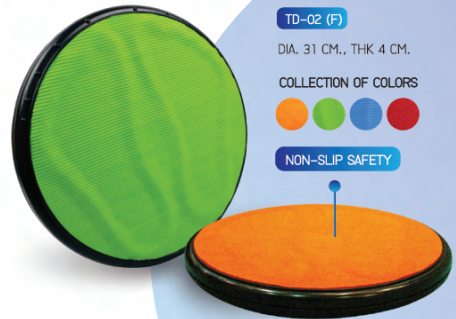
TD-02 (F)

DIA. 31 CM., THK 4 CM.

COLLECTION OF COLORS



NON-SLIP SAFETY



NEW COLLECTION

THE NEW COLLECTION IS DESIGNED BY A COMBINATION OF COLORS THAT CONVEY A SPORTY, MODERN LOOK.

COLLECTION OF COLORS



NON-SLIP SAFETY



8-SHAPED EXTENSOR

ESE-115S (B) (SOFT)

OUTER Ø 7.50 +/- 0.50 MM.
L. 115 +/- 1 CM.

ESE-135M (B) (MEDIUM)

OUTER Ø 8.50 +/- 0.50 MM.
L. 135 +/- 1 CM.

ESE-145H (B) (HARD)

OUTER Ø 10.50 +/- 0.50 MM.
L. 145 +/- 1 CM.



ELASTIC STRIP

ELS-100S (B) (SOFT)

W. 16 +/- 1 MM., L. 1 M. +/- 15 MM.

ELS-100M (B) (MEDIUM)

W. 21 +/- 1 MM., L. 1 M. +/- 15 MM.

ELS-100H (B) (HARD)

W. 21 +/- 1 MM., L. 1 M +/- 15 MM.

ELS-200S (B) (SOFT)

W. 16 +/- 1 MM., L. 2 M. +/- 15 MM.

ELS-200M (B) (MEDIUM)

W. 21 +/- 1 MM., L. 2 M. +/- 15 MM.

ELS-200H (B) (HARD)

W. 21 +/- 1 MM., L. 2 M +/- 15 MM.

*ALL STRIPS THK. : 3+/0.5 MM.



YOGA MAT

MATERIAL : NATURAL RUBBER & RUBBER FOAM

YM-05

W.61 +/-2CM., L.173 +/-5 CM., THK 6 +/-1MM.
W.61 +/-2CM., L.173 +/-5 CM., THK 3 +/-1MM.



SQUEEZER BALL



BALL 42 MM.(P)

DIA. 42 +/- 2 MM.



BALL 50 MM.(P)

DIA 50 +/- 2 MM.



BALL 60 MM.(P)

DIA 60 +/- 2 MM.



BALL 70 MM.(P)

DIA 70 +/- 2 MM.



REDUCE FINGER NUMBNESS AND TRIGGER FINGER



PEOPLE WITH PROBLEMS RELATED TO THE NERVOUS SYSTEM OF THE HANDS



RELAX YOUR HANDS AFTER HARD WORKING



PEOPLE WHO REGULARLY PLAY SPORTS WITH THEIR HANDS OR WRISTS

DUMBBELL

DB-050 (X)

L. 25.50CM. +/- 6MM.
W. 0.50 +/- 0.02KG. PER PC.

DB-075 (X)

L. 25.50CM. +/- 6MM.
W. 0.75 +/- 0.02KG. PER PC.

DB-100 (X)

L. 25.50CM. +/- 6MM.
W. 1.00 +/- 0.02KG. PER PC.

DB-100-N (X)

L. 20.50CM. +/- 6MM.
W. 1.00 +/- 0.02KG. PER PC.

DB-100-NS (X)

L. 20.50CM. +/- 6MM.
W. 1.50 +/- 0.02KG. PER PC.



PUSH UP BAR

PUH-01 (BN)

W. 13 CM. +/- 3MM.
L. 19 CM. +/- 3MM.
H. 12 CM. +/- 3MM.



PUH-01 (BN)

W. 13 CM. +/- 3MM.
L. 19 CM. +/- 3MM.
H. 12 CM. +/- 3MM.

